CENSUS BLITZ & COMMUNITY MEETING

September 26, 2020

Census Event 11:00 AM - 1:30 PM
Community Meeting 12:00 PM

Come learn what to expect during the Presidential Debate that will take place on 9/29 in our neighborhood.

Voters Registration Cards/Vote by mail applications are available

AT QUINCY PARK
8209 QUINCY AVE.
(FIRST 100 ATTENDEES WILL RECEIVE, SNACKS AND PRIZES)

MASK AND SOCIAL DISTANCING IS REQUIRED
SANITIZER WILL BE AVAILABLE

8111 Quincy Avenue Suite 100 • Cleveland, OH 44104 • www.fairfaxrenaissance.org
Cleveland Clinic Langston Hughes Health and Education Center currently remains closed at this time due to the COVID-19 Pandemic. However, we are offering virtual on-line health and wellness classes on a limited basis. If you would like to be added to our contact list, please call 216-361-1773 and leave your name, cell phone number and email address.

We look forward to continuing to serve our community and will provide updates as to when on-site services will resume in the very near future.

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Mental and Emotional Health

Mental/Emotional Health National Suicide Hotline: 800-273-8255
Lifetime Chat: suicidepreventionlifeline.org/chat

Mental Health Resources – ONLINE ONLY:
• Ohio Department of Health: bit.ly/2zsg4WJ
• Cuyahoga Community College: bit.ly/3bqupjN
• National Alliance on Mental Health: bit.ly/2yTCiRo
• Child Mind Institute: bit.ly/3cteHWe

Mindfulness and Meditation Websites and Apps – ONLINE ONLY:
• Stop Breathe Think: stopbreathethink.org
• Headspace: head-space.com
• Insight Timer: insighttimer.com
• Calm: calm.com
• Buddhify: buddhify.com
• Centered: centeredapp.com
• Mind Yeti: mindyeti.com
• Chopra Meditation Center: chopra.com/articles/guided-meditations

Coronavirus and Your Health

Accurate information in English and Spanish on Coronavirus—Centers for Disease Control and Prevention: bit.ly/2W4y7q4
Accurate information in English—Cleveland Clinic: cta.clinic/2WqJIMx
• University Hospitals: ohioscience.org/coronavirus
Ohio Department of Health: General questions, call ODH hotline 833-4 ASK ODH (833-447-5634)
Cleveland Department of Public Health: 216-644-2324
Cuyahoga County Board of Health: General number 216-201-2000
Mask Information: contact your local Community Development Corporation (CDC) or local Council Leader
• clevelandcds.org
• clevelandcitycouncil.org

REMEMBER: The pandemic isn’t over! Wear masks, wash hands, and stay six feet apart!

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NEIGHBORHOOD FOOD RESOURCES

Antioch Baptist Church has a pandemic garden that is soon to produce a plentiful harvest! In the meantime, visit them at 8869 Cedar Ave in Branch Hall for a “loaves and fishes” hot meal on Mondays from 4pm-5pm and Tuesdays from 11am-12pm. Call (216) 421-1516 for more info.

Visit Emmanuel Baptist Church from 11am to 12:30pm on Wednesdays for hot meals “to-go.” Located on the corner of E 79th St and Quincy Ave. Use the rear entrance.
DigitalC’s empowerCLE+ is bringing low cost internet to the Fairfax Neighborhood. If you are interested... Call: (216) 777-3859
Email: info@empowercle.org
www.empowercle.org

+$18 per month
+ taxes and fees
+ 50Mbps in-home internet
+ Installation costs are waived! ($250 value)

Model Block Program at Fairfax Renaissance Development Corporation
Are you a senior? Do you own your home? Have homeowners insurance? Need help with minor exterior repairs? The Model Block Program might be able to help! Contact Natalie Bryan @ 216-361-8400 ext. 234 or email nbryan@fairfaxdev.org.

PNC Fairfax Connection (PNCFC) is VIRTUAL in OCTOBER! All workshops are WebEx Meetings. To register for any of the following workshop, send an email with your name, email address, phone number and the name of the workshop to www.pncfairfaxconnection.com.

ACADEMIC LEARNING PODS AND TUTORING AVAILABLE FROM 10AM-12PM OR 1PM-3PM. TO-GO LUNCH PROVIDED. FOR MORE DETAILS OR TO REGISTER CALL (216) 777-9554

Wednesday, October 7th 1:00pm – 2:30pm
Leveraging Your Online Profile
Join the PNCFC Staff and Lucas Tindell of Tindell Training to learn how to build your social media profiles to get the career or clientele that you desire!

Saturdays, October 10th, 17th, and 24th 11:00am – 12:00pm
Yoga for Beginners
Whether you are new to yoga or have taken a few classes, this is the best place for you to start. All ages welcome.

Tuesdays, October 6th 10:30am – 11:30am
Breakfast with Brian
Please join the PNCFC Staff and our Executive Director, Brian Williams to find out about upcoming virtual programs and general PNC Fairfax Connection updates.

Every Thursdays in October 1st, 8th, 15th, 22nd, and 29th 11:00am – 12:30pm
Graphic Design
Join us and Jamal “JayWorking” Collins to learn how to brand yourself using the art of graphic design. We will be discussing online creative platforms like Adobe Spark and Canva.

Tuesdays, October 20th 5:00pm – 6:30pm
Fairfax Connection Book Club Lite
We now focus on new articles that reflect current events relevant to this Fairfax Community. Adults only.

For the safety & health of students and staff, PRE-REGISTRATION IS REQUIRED!
Register Early! On-Site Tutoring is Limited!
sos4sustainability@gmail.com
(216) 221-6911

For more information call (216) 930-5741 or visit www.pcsforpeople.org/ohio.
• Weekly parent meetings will occur every Friday from 10:00am - 10:45am during this remote learning period. Use this link: https://zoom.us/j/92270589590?pwd=YNQ2cFFMNkhlQDN1c0RIY3dG6dZG91Y29uc3Q9 or join our meeting through your Zoom app using ID: 922 7058 9590 Password: Bolton
• If you have not heard from one of our staff members to fill out a survey on your behalf, please complete a survey at https://www.clevelandmetroschools.org/ReopeningCMSD so that we can understand how to support your family best during this remote learning period.
• Bolton is serving a Grab and Go lunch and breakfast on Mondays, Tuesdays, Thursdays, and Fridays from 10:30am - 2:00pm in the back of the building for all Bolton families and the Fairfax community. No need for identification or a barcode to receive the food.
• Supply Pick-Up for books and school supplies is being held beginning Thursday, September 17th - Monday, September 21st from 10:30am - 2:00pm in the back of the building. Not available during those days and times? No problem! Call the school at 216-838-1200 and schedule an appointment for pick-up.

Due to concerns surrounding the spread of COVID-19, FRDC offices will continue to be closed to the public until further notice. For questions, call (216) 361-8400. Someone will return your call and can mail out forms and information. Our lobby is open and applications can be left at the parking lot entrance in the boxes. Check our website for resources and ongoing updates. fairfaxrenaissance.org.

On October 16th, FRDC will publish our brand new website, thanks to the efforts of our Americorps VISTA, Elle Wilson! This new platform will allow us to serve Fairfax residents better by connecting them to livestreamed events and resources, digitizing the application process for programs like Model Blocks, showcasing our history, streaming community events, and much more. Non-digital processes will still be available. If you need help connecting to the internet or accessing technology, call us and we will connect you to resources! (216)361-8400 ext. 234. Don’t forget to visit fairfaxrenaissance.org on October 16th!

Due to the current health crisis taking place in the country we will be assisting individuals with their workforce needs remotely. We are currently working with several employers who are looking to hire individuals locally to assist in this time of need. Please email workforce@fairfaxdev.org and complete our intake form which will add you to our contact list to be informed about upcoming workshops, training, and employment opportunities. Stay safe!